



Spiritual Preparation Guide

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Introduction

Welcome!

Welcome to Impact Ndola— an opportunity for you to serve Jesus and see His work in Zambia. You will serve Jesus by serving the people of Zambia. If your eyes are open and your heart is willing, you will encounter Jesus in fresh ways in Zambia. The Northrise University family — staff, faculty and students — are eager to welcome you to their country and city. Our prayer is that you will be changed by this journey, starting with the preparation process and throughout the Impact Ndola trip.

Getting Ready

The training is organized around ten sessions (two sessions per week), designed to follow for five weeks before the trip. A final module will be completed while you are in Zambia. The training is designed to be completed 1) individually and 2) with a group. If you are going to Ndola with a group in your community, we recommend you meet at least twice in the next five weeks, to talk through the material and share your reflections. (Discussion questions for these two meetings provided at the end of this packet.) This should lead you into several areas for prayer. If you do not have a team or partner nearby, we encourage you to work through the training on your own, with anticipation of meeting others in Ndola.

Our Mission

Impact Ndola is an opportunity to share the love of Christ with the people of Ndola, Zambia while serving with students, staff and friends of Northrise University (NU).

Impact Ndola serves as an opportunity and blessing to churches and friends across the United States as they participate in what God is doing in Ndola, Zambia and Africa.

The realization of the Impact Ndola vision relies on our faithfulness to embody the mission of Impact Ndola:

“We are Northrise”

This means that we represent Northrise University in all of our actions, attitudes, and words. Northrise University is Christ-centered so we must follow Christ’s examples in all our interactions, demonstrating God’s love for those we meet.

We are Northrise means that those we serve know their support comes from Northrise University. When we head back to the United States the support we give doesn’t leave with us, but continues through the presence of Northrise University in their community and ultimately through the God we represent.

The beauty of Impact Ndola is that as we embody “We are Northrise” we contribute to the lifting of a nation out of poverty and leading to sustainable transformation.

Week 1 - You!

Week 1, Part 1 - Why Are You Going?

Scripture:

Matthew 20:26-28

Whoever wants to be great must become a servant. Whoever wants to be first among you must be your slave. That is what the Son of Man has done: He came to serve, not be served — and then to give away His life in exchange for the many who are held hostage.

African Proverb:

One who enters the forest does not listen to the breaking of the twigs in the brush.

Translation: Stay focused on the task. Don't get distracted.

Why are you going to Ndola?

This is an important question — and you may find it hard to answer honestly. Going to Africa is a big adventure — so this trip might appeal to you if you like the thought of safaris, rafting on the Zambezi, bungee jumping at Victoria Falls. Or you may have a big heart of compassion and you long to help the children whose pictures you've seen or you want to share some of your wealth with the poor.

You'll be better off if you try to sort out the reasons and motives prompting you to go.

Almost any short-term mission trip participant (or life missionary) has a variety of reasons for going. Some are pure and spiritual. Others are admittedly personal. That's okay. It's probably healthy to have a blend of motives. Whatever you do, examine them. If you don't, you may feel yourself unprepared for the hardships and challenges you may encounter.

Below is a list of reasons why many people go on a short-term mission. Read through the entire list and respond accordingly as related to your hopes and desires. Then, assign each one a numerical value according to the following scale:

3 — most powerful motivator

2 — strong motivator

1 — not as strong a motivator

0 — not a motivator at all

I want to go on this short-term mission trip...

Personal

___ for the excitement and fun of travel.

___ to see if I want to be a missionary.

- ___to experience another culture.
- ___to get away from home.
- ___to gain experience in a certain skill.
- ___for training as a Christian worker.
- ___to add to my list of countries I've visited.
- ___to purchase some great curios.
- ___to see and experience real poverty.
- ___as a way to spend a summer growing.
- ___to find a mate with interests like mine.

I want to go on this short-term mission trip...

Spiritual

- ___to know God as never before.
- ___to show God I'm serious about following him.
- ___because I have a missionary call.
- ___because God has told me specifically to go
- ___to gain favor with God.
- ___to use my gifts for God.
- ___other_____

I want to go on this short-term mission trip...

External

- ___because my friends are going.
- ___because someone I trust has urged me to go.
- ___because I'm being pressured to do it.
- ___to get my missions duty over with.
- ___ other_____

I want to go on this short-term mission trip...

Cause-related

- ___to help finish the task of world evangelization.
- ___to better mobilize my church.
- ___to help establish God's kingdom.

- ___to help rebuild a world with God's justice.
- ___because it's strategic to help the national church.
- ___because Jesus commands it of us all.
- ___other _____

I want to go on this short-term mission trip...

Needs-related

- ___to help hungry children.
- ___to give overworked leaders a break.
- ___because people are going to hell without the gospel.
- ___because I feel compassion for poverty stricken people.
- ___other _____

Now within each of the five categories, add up the numbers that you have assigned to the motivating factors. There are no correct answers or categories. The important thing is to recognize your motivations and work on balancing your reasons for going. There really is no ideal or correct balance of motives. Whatever you do, be honest with yourself. Talk these over with others on your team or with a friend...and with God.

- _____Personal
- _____Spiritual
- _____External
- _____Cause-related
- _____Needs-related

How did you feel about the results to the survey? What surprised you?

Week 1, Part 2 — The Value of Teamwork & Flexibility

Scripture:

I Corinthians 12: 24b-27

But God has put the body together, giving greater honor to the parts that lacked it, so that there should be no division in the body, but that its parts should have equal concern for each other. If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it. Now you are the body of Christ, and each one of you is a part of it.

African Proverb:

One head cannot carry a roof.

What do you think is the meaning of this proverb?

Teamwork & flexibility

Impact Ndola is a joint venture of many churches and nearly 100 people from the United States who are joining with the Northrise University family to serve Jesus. Often, it is this aspect of mission that is the hardest part of such endeavors. Most people are able to endure different food and means of travel, new products and weather differences — but working with new people is hard.

Anyone who has ever played on a sports team knows the importance of being a team player. Playing next to someone who knows the game and puts in 100% effort makes all the difference in how much you enjoy the game.

The importance of being a team player will become obvious as you begin your trip.

Things like giving your best, following directions, and sharing the work load are important to any successful team effort — whether it's a sports team or a mission team.

Few of us have every played on a team that we live and work with 24 hours a day.

So how can you get “in shape” for a team experience like this? As in any team, developing as a team player requires equal parts of good coaching and right attitudes. Let's begin with some coaching from the apostle Paul. His analogy for teamwork in Romans 12 is the body of Christ. Grab a Bible so you can dig into this passage of Scripture.

Read the vision of Paul, the coach, in Romans 12:4-5. Each person will make a unique contribution to the team.

How are our relationships to one another described?

Continue reading Romans 12 in verses 6-8.

According to what you know about yourself right now, what are the gifts that you bring to this team?

In Romans 12:9-21 Paul coaches us with 25 different commands for spiritual teamwork.

Read them and write out at least ten that you want to remember and that challenge you the most.

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

Most likely your team has a coach or team leader. He or she is responsible for the logistical concerns like tickets, schedules, and job assignments, as well as fostering a good atmosphere among the team members and managing unforeseen conflicts and difficult circumstances. Supporting your team leader's leadership is crucial to the success of your team. Think about how you can support and help your team leader.

Jot down some ideas for supporting the leader of your team. Pray that you will act on these suggestions.

Week 2 - Northrise!

Week 2, Part 1 - Africa is NOT a Country

Scripture:

Philippians 2:5-8

In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death — even death on a cross!

African Proverb:

Wisdom is like a baobab tree. No one individual can embrace it.

(Look for a baobab tree when you get to Zambia and try to embrace it alone.)

Really...Africa is not a country...

I am sure some of you are thinking, “of course, we know that.” But I have heard many people say to “my cousin went to Africa” or “what is Africa like,” as if it is just one country and not very big at that. But the continent of Africa is huge — second only to Asia in size — and Africa is diverse in every way.

This week we'd like you to get an overview of Africa and the nation of Zambia.

First, read through the facts below and respond to these questions:

What is the most surprising thing you've learned about Africa in this material?

Describe three or four differences between Africa and North America?

What do you think might be the most challenging part of spending time in Africa?
What might be the most enjoyable?

How do you feel you need to prepare for Impact Ndola?

Africa — The Continent

Africa is the second largest of Earth's seven continents, covering 23 percent of the world's total land area and containing 15 percent of the world's population. Africa straddles the equator and most of its area lies within the tropics. It is bounded by the Atlantic Ocean on

the West, the Indian Ocean and Red Sea on the East, and the Mediterranean Sea on the North. In the northeastern corner of the continent, Africa is connected with Asia by the Sinai Peninsula.

Africa is a land of great diversity. If you were to trek across the continent, you would pass through lush, green forests and wander vast, grassy plains. You would cross barren deserts, climb tall mountains, and ford some of the mightiest rivers on Earth. You would meet diverse people with a wide range of cultures and backgrounds and hear hundreds of different languages. You would pass through small villages where daily life remains largely the same as it has been for hundreds of years, as well as sprawling cities with skyscrapers, modern economies, and a mix of international cultural influences.

During the last 500 years, Africa became increasingly dominated by European traders and colonizers. European traders sent millions of Africans to work as slaves on colonial plantations in North America, South America, and the Caribbean. Europeans also sought Africa's wealth of raw materials to fuel their industries. In the late 19th century, European powers seized and colonized virtually all of Africa.

Through slow reform or violent struggle, most of Africa won independence in the 1950s and 1960s. Independent Africa inherited from colonization a weak position in the global economy, underdeveloped communication and transportation systems, and arbitrarily drawn national boundaries. The citizens of these new nations generally had little in terms of history or culture to bind them together.

There are 54 sovereign African countries, and 10 small dependent territories, still controlled by former colonial powers, and two major disputed African territories: Somaliland and Western Sahara. The continent is commonly divided along the lines of the Sahara, the world's largest desert, which cuts a huge swath through the northern half of the continent. The countries north of the Sahara make up the region of North Africa, while the region south of the desert is known as sub-Saharan Africa. Sub-Saharan Africa is sometimes referred to as "Black Africa," but this designation is not very helpful, given the ethnic diversity of the entire continent.

North Africa consists of the countries of Algeria, Egypt, Libya, Morocco, South Sudan, Sudan, Tunisia and Western Sahara.

Sub-Saharan Africa is generally subdivided into the regions of West Africa, East Africa, Central Africa, and southern Africa.

West Africa consists of Benin, Burkina Faso, Côte d'Ivoire, The Gambia, Ghana, Guinea, Guinea-Bissau, Liberia, Mali, Mauritania, Niger, Nigeria, Saint Helena, Senegal, Sierra Leone, and Togo.

East Africa consists of Burundi, Comoros, Djibouti, Eritrea, Ethiopia, Kenya, Malawi, Mauritius, Mozambique, Reunion, Rwanda, Seychelles, Somalia, Tanzania, Uganda, Zambia and Zimbabwe.

Central Africa consists of Angola, Cameroon, Central African Republic, Chad, Democratic Republic of the Congo, Equatorial Guinea, Gabon, Republic of the Congo, and São Tomé and Príncipe in the Atlantic Ocean.

Southern Africa consists of Botswana, Lesotho, Namibia, South Africa, and Swaziland.

Zambia

Zambia is a unique nation full of contrasts. Located in central sub-Saharan Africa, this country of 16.4 million people has one of Africa's most stable governments, yet one of its poorest populations. It is a land rich in untapped natural resources and a mild climate ideal for year-round agriculture.

Language: English is the official language and many urban Zambians speak it fluently. English is the language of business and education but only 63% of the population of 15 years of age can read and write English.

Government: Zambia is a Multi-Party Democratic Republic, led by a President who appoints Cabinet Ministers from the National Assembly — a chamber of 150 elected representatives.

Judicial System: The Judicial System was set up according to a British model, based on English common law and customary law. Legislative acts receive judicial review in an ad hoc constitutional council.

Economy: Zambia remains one of the world's poorest countries, with a major national debt and a weak currency. It has one of the highest levels of per capita debt in the world, and over two-thirds of all Zambians live in poverty. US Dollars can be used throughout the country.

Education: A decade ago when Northrise University began, only two university-level institutions existed in Zambia to service the educational needs of its population. Today Zambia recognizes 6 universities, including Northrise University.

Religion: Between about 75-95% of Zambians are professed Christians, though many professions are more social conversions than spiritual ones. Muslims, Buddhists, and Hindus make up the majority of the rest of the population.

Climate: Zambia's climate is generally moderate, with three seasons that vary from hot and wet, to cool and dry.

Healthcare: Typical of many third-world countries, healthcare is inadequate and largely unavailable.

Teeming with life, Zambia is world renowned for its walking safaris and is home to one of the Seven Wonders of the World, Victoria Falls. A visit to Zambia reveals a friendly and generous people. What Zambians lack in physical wealth, they compensate for in their rich heritage of giving and sharing with others.

Though Zambia was officially declared a "Christian nation" in 1992 by President Chiluba, this declaration was declared more to combat social, political and economic problems than spiritual ones. Statistics put the population at 75-95% Christian, but these numbers are

misleading as many "Christians" still practice traditional African beliefs, such as ancestor worship and other forms of syncretism.

Zambia became independent from Britain in 1964 and has had a relatively stable Democratic government since then, with only three men serving as president. The current being Edgar Lungu with the next election in 2021. This election proved another major victory for Zambia's democracy as the former president respected Zambia's constitution and stepped down for Lungu.

Zambia had one of the world's fastest growing economies for the ten years up to 2014, with real GDP growth averaging roughly 6.7% per annum, though growth slowed during the period 2015 to 2017, due to falling copper prices, reduced power generation, and depreciation of the kwacha. Zambia's lack of economic diversification and dependency on copper as its sole major export makes it vulnerable. GDP growth picked up in 2017 as mineral prices rose.

Despite recent strong economic growth and its status as a lower middle-income country, widespread and extreme rural poverty and high unemployment levels remain significant problems, made worse by a high birth rate, a relatively high HIV/AIDS burden, by market-distorting agricultural and energy policies, and growing government debt (more than 60% of GDP).

Zambia's ideal climate provides an excellent opportunity for an agriculture economy to bring stability to the country and less dependence on the fluctuating world market for its metals and minerals. Zambia's rainfall provides 45% of the entire water resources of Southern Africa. Power here is inexpensive and the national grid is well developed.

English is the official language of Zambia, and most urban Zambians speak it fluently. Only in truly remote settlements is there a problem communicating in English, as the main vernacular languages are Bemba and Nyanja.

As with many African nations, the AIDS epidemic has overwhelmed Zambia. An estimated 11.5% of the adult population has AIDS, ranking Zambia 8th highest in the world for adult prevalence.

The following link will lead you to the latest CIA Fact Sheet on Zambia. This mainly includes statistical data covering a wide range of socio-economic categories:

<https://www.cia.gov/library/publications/the-world-factbook/geos/za.html>

Take some notes on interesting pieces of information...

Week 2, Part 2 - Northrise in Ndola

Scripture:

Ephesians 5:13-14

You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love. For the entire law is fulfilled in keeping this one command: "Love your neighbor as yourself."

African Proverb:

A child or youth who does not listen to an elder's advice gets his or her leg broken.

What does this mean to you?

Northrise — A Story of Hope for Zambia

Located in southern Africa, Zambia is a country of 10 million people with crushing poverty, a raging AIDS epidemic, and a crippling shortage of the resources and opportunities needed to pull the country out of economic turmoil — resources and opportunities such as a good education.

A decade ago, due to limited space and funds, only 1 in 20 graduating high school seniors within Zambia can go on to college. Moffatimba, Northrise University's founder, was one such student who did not make it through the Zambian university system. Instead, he went on to further his education abroad. Equipped with further education in Australia and the United States, Dr. Imba and his wife, Doreen, returned to Zambia to realize their dream to start a Zambian university. Northrise is the fulfillment of that dream — and it is a story of hope to redeem Zambia, spiritually and economically.

Northrise University is a Christ-centered educational institution dedicated to equipping men and women to work in ministry and business to contribute to the spiritual and economic transformation of Zambia. Northrise University Initiative exists to support that mission with logistics, media and marketing, and accountability to the mission via the NUI Board of Directors. NUI has offices in Orange County, California Phoenix, Arizona, and Houston, Texas.

The Essentials of Hope

The Gospel Message. Northrise is a Christ-centered university, and though not all Northrise students are Christians, they are exposed daily to the work and Word of the Gospel — and many of the Northrise students are equipped for vocational ministry.

A Solid Education. After the hope communicated by the Gospel, education is one of the greatest needs in a country devastated by a weak economy. Northrise University is the first private university recognized by the Zambian government. NU began in 2004 offering two degrees, (Information Systems and Christian Ministries) with 50 students in the first class. Ten years later NU has over 740 students enrolled in five schools (Business, IT, Theology,

Law, and Health and Social Sciences) offering 8 bachelor degree programs, 4 diploma or certificates, and 3 master degree programs.

Since its inception in 2004, NU has attracted local as well as international students who receive training in various academic disciplines at undergraduate and postgraduate levels. Being a leader in education innovation, Northrise is the first University in Zambia to offer online programs.

The University is in partnership with Dordt University in Iowa; California Polytechnic State University, San Luis Obispo in California; Shanghai Normal University, China; Fontys University, Netherlands; Stirling Theological College in Australia; Baylor University in Waco, Texas; Letourneau University in Longview, Texas; and most recently Grand Canyon University in Phoenix, Arizona. These synergies enhance the academic experiences of students and faculty at the seven Universities thus, providing the best opportunities for success.

Sustainable Economic Growth. From the beginning, the vision for Northrise was to be involved in Zambia's economic development by teaching and enabling its students to remain in Zambia and contribute to the nation's economic, social, and spiritual health.

A Great Need

Zambia is one of the poorest countries in the world, with problems ranging from rapid inflation and population growth to AIDS related economic and social complications. In particular, several statistics relating to this project reveal the great need for education, training and economic hope:

In 2004 only two university-level institutions existed in Zambia to serve the needs of approximately 10 million people. The University of Zambia and The Copperbelt University only had the capacity and resources to accommodate 4,600 students. Over 20,000 12th grade students were eligible for university education yet only approximately 1,000 places were available in 2004. This stunning statistic left 19 out of every 20 qualified students without an opportunity for continued education. Furthermore, these statistics deal only with one year's discrepancies and they are accumulating every year. As more students become eligible for university education they must vie with those students from previous years for these limited spots. The lack of educational opportunities left a vacancy of educated workers in Zambia's large untapped workforce.

Even in 2019, 24% of Zambian youth are unemployed. 54.4% of the Zambian population live below the poverty line. Compare this to 15% in the United States and the financial depravity of Zambia becomes obvious. Zambia also has one of the highest per annum growth rates in the world at 2.91%.

Moffat and Doreen Zimba see that if meaningful and significant change does not occur in Zambia soon we expect these statistics to worsen. With the government too poor to initiate and sustain necessary change, the answer lies externally. The Northrise University Initiative understands that financial relief alone will not solve Zambia's problems. Zambians must be educated, equipped and empowered.

Since our launch in 2004, Northrise has graduated hundreds of students.

These students are highly sought employees following graduation. Some are employed by multi-national corporations, and some have started community schools where they are feeding and educating children. Others are now pastoring churches, while yet others have started local ministries that Impact Ndola will be partnering with. Currently, Northrise has over 740 students working on earning their degrees.

Northrise Core Values

At the Northrise University Initiative, our core values are inspired by the Word of God.

We strive each day to:

Follow and honor Jesus Christ in all we do. We are committed disciples of Jesus and acknowledge our dependence on Him through prayer, worship and obedience.

Be guided by the Holy Spirit, living out a Biblical worldview. Through academic study, meditation on Scripture, prayer and community action, we want to become like Jesus- "And the Word became flesh and lived among us," "full of grace and truth."

Seek to be a center where Christian love and service become persuasive. Being made in the image of God, we commit to respecting and treating all people as equals-and do this in a way that allows God's overwhelming love to shine through us and affect those around us.

Recognize that God's evangelical mission has made us into a redemptive community which, acting out of faith, is being transformed into the likeness of Christ. While Zambians are the beneficiaries of this mission, and God will use this initiative to spread the Gospel and bless His people, we also recognize that we are in the mission field. His hands are continuously shaping and forming us as the potter transforms the clay, into the likeness of His Son Jesus.

Respect the Zambian worldview and culture, recognizing and understanding that God is in action in Zambia, and we are joining Him as His servants in the work He is doing. We commit to be culturally sensitive in all we do with full confidence that God will bless us through our cultural differences and our diverse uniqueness.

Pursue spiritual development of every student and staff member. We want to take great care in assuring the formation of each member of the community into the character of Jesus by providing mentoring, retreats, spiritual formation experiences, opportunities for small group prayer and fellowship, and all community worship.

Train and equip people to be servant leaders. Following Jesus, our goal is to lead by example and by servitude. By being this type of leader, we can properly train and equip our students.

Be thankful, faithful and respectful stewards of our resources. In addition to being thankful disciples and good academicians, we recognize that God has and will continue to bless us

with many resources. Our response to these blessings is to honor God by being thankful, faithful and respectful of these resources as we use them to His glory.

We commit to God, our staff, students and surrounding communities that we will continually strive to operate by these values.

The Story of Moffat & Doreen Zimba

With a warm smile and obvious intellect, Moffat Zimba's passion for his homeland of Zambia becomes contagious as he shares the vision for the Northrise University. As with great Christian visionaries before them, Moffat and Doreen realize the influence education can have on a nation. The effects of many men and women of God's obedience to Him still shape nations today, so are Moffat and Doreen who want to honor God through Northrise University.

Moffat was born in a village in Lundazi, in Eastern Zambia. As with most Zambians basic necessities were scarce, but a strong family brought stability to this young man. His parents raised him in the Roman Catholic Church, introducing Moffat at an early age to the ways of the Lord.

After finishing high school, the grim reality of life in Zambia became obvious to Moffat. He, like most of his peers, could not find a job, and could not be admitted to the University of Zambia because there were a limited number of spaces available. Only those who had extremely high scores received entry. The rest of the students ended up, as they still do today, in the streets. Moffat was one of those students.

It did not take long for Moffat to realize that if he did nothing about his situation, he was destined for a life of unfulfilled poverty. With a financial donation from the Bishop of Ndola, Dennis De Jong, Moffat enrolled in correspondence courses in accounting at Northern Technical College in Ndola and with a school in London, UK. Studying in two schools that were geographically miles apart provided many hurdles for Moffat, but that was the only alternative available to him. During this period he also began working with a Christian youth organization, developing a passion for the people of his country.

Moffat met his wife Doreen at an early age when they both sang in the choir of a local Roman Catholic Church. This meeting led to their marriage in 1988. Once the vows were said they began leading a Bible study group at their home, but as time went on they realized their inadequacies in their knowledge of the Word of God and their need for further theological training. In discussing and praying about how they could do this, the vision of starting a school in Zambia was born.

They were not sure what form or shape this school would take, but because of Moffat's experience of not being able to attend the university, they thought that a university offering various studies would be ideal. But their frugal newlywed incomes and lack of education couldn't provide for the steps that needed to be taken. They desired to go to the United States for further training but were unable to; once again due to financial constraints. They applied and were accepted at a less expensive Bible college in Melbourne, Australia.

In May, 1990 they went to Australia, while there they experienced many opportunities for ministry. It was during this time that the Lord began to provide a foundation for Moffat and Doreen's vision by introducing to them friends who prayerfully adopted their passion for Zambia.

After completing their studies in Australia, they were able to proceed to America where Moffat studied at Fuller Theological Seminary. Doreen began working at Fuller while her husband prepared his doctoral studies. After six months of working, Doreen embarked on completing her degree in Information Systems and later went on to complete her MBA degree in Management Technology.

While at Fuller Seminary, Moffat, had the opportunity of sharing his vision with one of his professors, Doug Gregg. Doug's friendship became the spark that ignited a series of introductions for Moffat and Doreen. These included his friend Paul Louk, who was quick to embrace the vision and together with Moffat and Doug embark on seeking others who could serve to bring this vision to reality. And thus, the Northrise University Initiative was born.

Moffat Zimba's Resume

Moved to Ndola, Zambia in 1967

Diploma in Accountancy, Northern Technical College

Moved to Melbourne, Australia in 1990

Diploma in Theology, Lighthouse College of Ministries

Diploma in Ministry, Churches of Christ Theological College

Bachelor of Theology, Melbourne College of Divinity

Moved to Los Angeles, California, U.S.A. in 1996

Doctor of Ministry, Fuller Seminary

Worked as Pastor of Small Groups at Grace Fellowship Church in Costa Mesa, CA

Currently working at Northrise University, Ndola, Zambia

Doreen Zimba's Resume

Diploma in Christian Ministries, Lighthouse College of Ministry, Melbourne 1992

Diploma in Computer Programming, Box Hill Institute, Melbourne, Australia 1995

Bachelor of Science Degree in Information Systems, University of Phoenix, Costa Mesa, CA, U.S.A. 1998

MBA in Technology Management, University of Phoenix, Costa Mesa, CA, 2001

Worked as a Quality Assurance Analyst at Micro General, Santa Ana, CA, U.S.A.

Currently working at Northrise University, Ndola, Zambia

Your response:

Spend some time praying for Northrise and its staff, especially Moffat and Doreen Zimba. Pray also for the students and graduates as they seek to contribute to Zambia.

How does the story of Moffat and Doreen affect your thinking about Impact Ndola?

What do you expect to learn by participating in Impact Ndola?

Ask God to prepare you to serve the people of Ndola and the Northrise family.

Week 3 - God!

Week 3, Part 1 - God is Already in Zambia!

Scripture:

Psalm 139: 7-12

Where can I go from your Spirit?

Where can I flee from your presence?

If I go up to the heavens, you are there;

If I make my bed in the depths, you are there.

If I rise on the wings of the dawn,

If I settle on the far side of the sea,

Even there your hand will guide me,

Your right hand will hold me fast.

If I say, "Surely the darkness will hide me

and the light become night around me,"

Even the darkness will not be dark to you;

The night will shine like the day,

For darkness is as light to you.

God is already in Zambia.

This is an audacious statement. Of course, God is already in Zambia. He is the Creator and Sustainer of the whole earth. The nations are His. Zambia has a long history of Christian faith.

Although it is one of the ten poorest nations in the world, it is not a country without the Good News. A lot of that has to do with the work of David Livingstone.

David Livingstone (1813-1873), Scottish missionary and physician, who spent half his life exploring southern and central Africa. In addition to adding greatly to Europe's knowledge of the continent's geography, he heightened Western awareness of Africa and stimulated Christian missionary activity there. His activities helped bring about the Scramble for Africa, in which European powers seized virtually all of Africa in the late 19th century and early 20th century.

Dr. Livingstone was one of the greatest explorers of the African continent, along the way pioneering the abolition of the slave trade. When no one had heard from him for several years while he was exploring the interior of the continent in the 1860s, his long absence became a matter of international concern, and the New York Herald sent explorer Henry M. Stanley to find him in 1869. Stanley finally found Livingstone in November 1871 in a small town on Lake Tanganyika. He greeted Livingstone with the famous words, "Dr.

Livingstone, I presume."

Livingstone was born in Blantyre, Scotland, to religious, working-class parents. At age ten he began working in the local cotton mill, with long hours and meager pay. He read and studied diligently when not at work and in 1836 entered Anderson's College (now the University of Strathclyde) in Glasgow. Theology and medicine were his primary interests. In 1838 the London Missionary Society accepted him as a candidate, and two years later he received a medical degree from the University of Glasgow. The First Opium War (1839-1842) between Britain and China ruined his hopes of becoming a medical missionary to China, but the missionary society arranged a new placement for him in southern Africa.

Livingstone was remarkable for his era. When he died, his African friends chose to cut his heart from his body and bury it in Africa, about 300 miles from Ndola. His body was returned to England and buried in Westminster Abbey.

Zambia has a long history of missionary endeavors. Most schools and hospitals in the past were built by missionaries. Zambia has welcomed missionaries from all over the world. It is one of the easiest countries in the world to enter.

The facts about Zambian faith and religion:

Percentage of Christians: 75% – 95%

Largest groups – Catholic, many groups of Protestants, including many evangelicals

Number of congregations in the evangelical family: [Source: Operation World, by Patrick Johnstone, 2001 edition]

Pentecostal Assembly Of God: 330

Christian Brethren: 1107

Baptist Union: 360

Baptist Convention: 699
African Methodist Episcopal: 212
Pentecostal Holiness Church: 400
Church of God: 600
Evangelical Church in Zambia: 800
Apostolic Faith: 340
Church of Nazarene: 70
N. Baptist: 260
Brethren in Christ: 248

TOTAL 5426 congregations

You are not being called to take God to Zambia. But you are called to serve God by serving the Zambian people.

Characteristics of Zambian faith:

Zambians are very passionate about their faith in God.

Faith is a part of everything. This is demonstrated by bumper stickers, signs in shops, prayers on buses and constant Christian television. In other words, faith for Zambians is not private.

Worship services are exciting, joyful, loud, and long. When Zambians come to church, they expect to have a meaningful time with God and one another. They do not check their watches and are not trying to get to another event. The worship gathering is the high point of the day.

Denominational distinctions are obvious. Loyalty to one's denomination is understood and valued. This is especially true for older Zambians.

So what is your role in a country that has many churches and vibrant Christians?

1. Learn — from the dedication, devotion, prayer, joyful worship.
2. Serve — alongside your brothers and sisters in Zambia
3. Pray — join with the Zambian church in prayer for greater effectiveness and unity.
4. Share — your testimony, your skills, and in a limited way, your resources
5. Offer what you know, if asked.

Outline the components of your testimony. Discuss with your team at home the highlights of your testimony. Remember to focus on how God has worked in your life.

(Be prepared to share at your next team meeting)

Week 3, Part 2 - What's Our Mission?

Scripture:

Ephesians 4:1-6

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. There is one body and one Spirit, just as you were called to one hope when you were called; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.

Mission of Impact Ndola

Impact Ndola is an opportunity to share the love of Christ with the people of Ndola, Zambia while serving with students, staff and friends of Northrise University (NU).

As we learned earlier, Northrise University is a Christ-centered university in Zambia that seeks to empower the Zambian people through training in ministry, business and agriculture. Impact Ndola 2019 is an opportunity for friends of Northrise to join with the Northrise students and impact the city of Ndola with the love of Christ.

Our opportunity to serve Jesus by serving the people of Ndola with love and hope is bigger than any one person or any one team. It is imperative that we commit to something bigger than any one of us. That we consider others before ourselves like Jesus did Matthew 20:26-28: "Whoever wants to be great must become a servant. Whoever wants to be first among you must be your slave. That is what the Son of Man has done: He came to serve, not be served – and then to give away his life in exchange for the many who are held hostage."

In preparing to go, as we focus on unity and our common mission, consider the following questions...

What gifts do you want to leave in Zambia? Try to think of things that are not material, things that are lasting, and will leave a vision of Jesus with those you serve.

Consider each team that will be a part of Impact Ndola. Write below your vision for how you want God to use you on your team.

Pray for another team besides the one with which you are serving – one of those you will not serve with but will pray for. If you really don't like the idea of building, maybe you can pray for that team.

Write here the team you will pray for and the focus of your prayers.

Week 4 - Learning!

Week 4, Part 1 — Learning Another Culture

Scripture:

Philippians 2:1-4

Therefore, if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

African Proverb:

The friends of our friends are our friends also.

How can you really understand the people you're going to serve?

You won't be there for very long. Can you really expect to understand people from another culture in such a short time? Let's press the Pause button and look at ourselves first. The experts tell us that understanding people from a different culture begins with understanding ourselves.

Let's look at a few stereotypes that people around the world have of North Americans.

First, some positive traits:

Friendly—Outgoing—Hardworking—Generous—Well-educated—Reliable—Confident

Sounds great. Makes you proud to be an American! In fact, some of these qualities may have motivated you to be going on this mission outreach in the first place. These qualities may have their roots in our Judaeo/Christian heritage.

Take some time today to ask a friend to describe an American. If possible, ask someone from another culture. What terms did he or she come up with?

But there are other not so positive labels attached to North Americans:

materialistic—wasteful—domineering—arrogant—disrespectful of authority—corrupt—
overbearing—competitive—loud—attitude of superiority—preoccupied with efficiency

These more negative traits come from the darker side of our culture. They come from sinful patterns we have developed through the years. This may be an important time to look a bit deeper within yourself. Are you dominated by some of these negative traits?

Ask yourself a very probing question: "Are you an American first or a Christian first?"

Questions for You to Consider:

As you look through the list of the ways that Americans are viewed, what is your reaction?

How do you feel?

Which of these characteristics apply to you?

Would others see these in you?

Week 4, Part 2 - Learning How to Cross Cultural Barriers

Scripture:

1 Corinthians 9:19-23

Though I am free and belong to no one, I have made myself a slave to everyone, to win as many as possible. To the Jews I became like a Jew, to win the Jews. To those under the law I became like one under the law (though I myself am not under the law), so as to win those under the law. To those not having the law I became like one not having the law (though I am not free from God's law but am under Christ's law), so as to win those not having the law. To the weak I became weak, to win the weak. I have become all things to all people so that by all possible means I might save some. I do all this for the sake of the gospel, that I may share in its blessings.

Crossing Cultural Barriers

You don't have a long time in Zambia but you can be a bridge builder. If you are to do this, you must recognize some of the ways that we apply stereotypes to those who are different from us.

Here are some stereotypes North Americans have about people in the Majority World:

Negative

Innocent

Lazy

Inefficient

Slow

Indifferent

Corrupt

Poor

Uneducated

Needing help

Controlled by customs

Positive

Interdependent with family

Living in harmony with life

Very spiritual

Content with life

Servant attitude

Questions to Consider

Do you hold some of these ideas about Zambians?

Are you willing to change your ideas, as you focus on becoming a bridge builder?

Becoming a Bridge Builder

Bridge building involves remembering your roles:

The role of being a guest in the culture

Think of being a guest in someone's home. How would you act? What things would you avoid doing, as a guest? Think about what you expect of a guest in your own home?

The role of being a student of the culture

Think of yourself as a person who is there to study and learn. How does a student in school get an A?

The role of being a servant within the culture

This is the call of a Christian. This is how we truly follow Jesus. He came "not to be served, but to serve and give His life." What are some ways that you can begin developing a servant's heart, even before you get to Zambia?

Where were you most challenged in terms of your own cultural biases during this week?

What is one step you can take to take a learning posture during Impact Ndola?

By this time in your preparation, you have begun to learn a number of new things. You may have learned that some inoculations, like yellow fever, are painful. You may be learning how God supplies your needs, like the cost of this trip, and you are experiencing God's faithfulness in new ways. And—you are probably learning more about yourself and your team members. This is just the beginning of the learning plan God has enrolled you in.

For followers of Jesus, learning never stops...

Week 5 - Transformation!

Week 5, Part 1 — Listening

Scripture:

Psalm 90:12

Teach us to number our days aright, that we may gain a heart of wisdom.

African Proverb:

Wisdom is like a baobab tree—no one individual can embrace it.

Questions to Consider:

How can you number your days ‘aright?’ Describe what changes you may need to make in order to gain a heart of wisdom.

Consider this proverb. What does this mean for you as you prepare for Impact Ndola?

What wisdom do you think you may receive from brothers and sisters in Zambia?

“Before you pack your bag, prepare your heart.” —Cindy Judge

One of the comments that we often hear about Americans is ‘they are quite loud’ and ‘they talk a lot, talk all the time.’ One missionary friend said she always found it easy to locate American tourists or visitors, as you could just go where the noise was.

As you prepare for this time of service, developing quiet and listening time in your life is very helpful. This is not always easy as we have so much sound stimulation — TV, cellphones, iPods, etc.

If the practice of solitude and listening to God is a new one for you, start with fifteen minutes a day. Ask God to quiet your mind and heart so that you may hear God’s voice and learn God’s ways. Many saints in the history of the church have practiced a day of quiet or even more. This is wonderful preparation for learning to listen to others.

Psalm 46:10 “Be still and know that I am God.”

In the space below, write a prayer, asking God for a quiet heart and mind.

Listening to others as a way to serve

One way we can learn and serve is by listening to others. On a mission trip this can take many different forms. Listening to a teammate without judging or listening to a new friend within the community where you are engaged without an agenda.

Listening is a form of servanthood, a way to reach out and share the love of Christ.

Paul reminds us in Philippians 2:4, "Let each of you look not to your own interests, but to the interests of others." As we reflect on associations with people who have helped shape our lives, let us remember with gratitude those who have taken time to hear our concerns and to offer guidance for our faith journey.

Consider:

What are the distractions that often keep me from being fully engaged (with God, with friends, with others)?

Search the scriptures for a passage that reflects this posture and describe it in your own words.

How will you practice listening to others before, during and after Impact Ndola?

Week 5, Part 2 - We will be changed

Scripture:

1 Peter 5:5-7

In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because, ...God opposes the proud but shows favor to the humble... Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you.

African Proverb:

Pride only goes the length one can spit.

What does this proverb mean to you? How does it apply to Impact Ndola?

When I first went to Zambia to teach in a small Bible college, some seasoned missionaries befriended me and began to mentor me. I will never forget one of the first things they said

to me. “Your being in Zambia is much more about what God wants to do in you than what God wants to do through you.”

For a young and very enthusiastic (and naive) missionary, this was humbling. I wanted to do something very big for God. But through the years of missionary service I have learned that God wants to do something in me.

These verses and this proverb really touch us at the core of being — and call us to a posture of humility. As you pray in preparation for the trip, ask God to enable you to humble your heart like Peter described. Write a short prayer expressing your desire to be like Jesus.

When we pray for change, God often places us in challenging situations and with ‘challenging’ people. During this last week of training before you head to Zambia, we anticipate two areas where God will be working in you:

1. Be a good guest

It’s not always easy to be a good guest. When you were younger, your mother may have given you a few tips when you went to visit someone. It’s not natural to know what’s expected of you. Here is a list of practical tips on being a guest in a cross-cultural situation. Though you may never fully understand why, it’s a pretty sure bet that these ten social hints (in no particular order) are universally acceptable for acting with sensitivity and humility.

Show respect for your host

Use the proper greetings and titles, especially to the eldest in the group.

Ask your new acquaintances about their families

You can show them pictures of your family, but leave out the ones of your US standard house or car.

Be a good observer and listener, and ask polite questions.

Try not to talk too much — usually not a problem when you don’t know the language.

Dress appropriately to show honor to the culture.

Women should dress modestly and have their shoulders covered. Women shouldn’t wear shorts. See the Participant’s Information Packet and talk to your team leader for more details.

Act discreetly with the opposite sex.

Always show gratitude for your accommodations and food, whatever they be.

You will often be eating with your Zambian partners, although you may not have many (or any) opportunities to eat in Zambian homes.

Never show your temper.

Many cultures see a display of anger as the greatest of sins.

Be sure you get permission to photograph someone before you take a picture.

Don't offend your hosts by taking photos of what may be considered private space or what is considered a negative aspect of the country. In Zambia, you need permission to take pictures of public buildings, especially government buildings.

Show empathy and appreciation, not pity, for the surroundings.

This is your new friends. country and home. Show respect for it, and if there are beggars in the area, ask your host how to deal with them since local philosophies and practices, vary from place to place.

Be flexible with your time.

Go with the flow of the culture and the ministry you're involved with. Go to learn and serve, not to keep track of the time. Remember what they say about Americans: "They have the watches, but we have the time."

In reviewing the ten hints above, circle the ones which you anticipate will be the most challenging for you to follow. Pray about each one. You may want to discuss the difficult points with your teammates.

2. Look for opportunities to glorify God during Impact Ndola

Romans 15:5-6 "May the God who gives endurance and encouragement give you a spirit of unity among yourselves as you follow Christ Jesus, so that with one heart and mouth you may glorify the God and Father of our Lord Jesus Christ."

John 15:8 "This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples."

Glorifying God is a term used regularly in church and spiritual contexts. However, it often seems to be a term that many use without considered it what it means.

What do you think "glorifying God" means?

Many think that glorifying God means "giving praise (to God)." And this is a great definition. But there is another one which seems to be more common. Glorifying also means "to reveal or make clearer the glory of (God) by one's actions." That is our opportunity during Impact Ndola. We have the opportunity to make God easier to see through our teams and our work, through our attitudes and our actions. To those who are followers of Jesus and those who are not.

Romans 12:1-2 "Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God - this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your

mind. Then you will be able to test and approve what God's will is - his good,pleasing, and perfect will.”

When we worship God, revealing Him and making Him clearer to see, we are transformed in the process. As we saw earlier in the exercise about cultural barriers, it seems that Americans have gotten a bad reputation abroad. And many of us are aware of the reputation Christ's followers have in America as well.

Prayer for Impact Ndola

During this trip, may we offer our bodies, our agendas, our expectations, our plans, and our self-interests to God. May we make Him easier to see by how we work, how we treat one another, how we treat our Zambian brothers and sisters, and everyone we meet along the way. May God be glorified in us as we serve Jesus by serving the people of Ndola with love and hope. In the name of the Father, the Son, and the Holy Spirit, amen.

Write your own prayer for Impact Ndola. Consider bringing this prayer with you to Zambia and praying it each morning. The next time your group gathers, share your prayer with your team members and pray together that God would unite the hearts of all of those serving in Impact Ndola.

Group Discussion Questions

There is no mandated structure or timing for team meetings. We feel it is important, though, for you to process through this material individually and as a team. Take time when you are together to discuss some of the questions listed below, pray about Impact Ndola, and address any remaining concerns or issues. We believe that any time you spend together as a team before you leave will only strengthen your time together in Zambia.

Meeting 1 Discussion Questions

Review your responses to the “Why are you Going?” survey (pg. 4-5) What did you learn? Were you surprised? Why or why not?

What was the most significant question or idea in the material so far?

What did you learn about Zambia that you did not know before?

What intrigued you or caught your attention about the story of Northrise?

Are there any lingering logistical questions about the trip? Address these to your team leader so they can be answered before we leave.

Is there anything else you wanted to discuss with the group about your interaction with the preparation materials so far?

Meeting 2 Discussion Questions

What was the most significant question or idea in the material so far?

How can you take a listening posture in Zambia?

How were you challenged by the Learning sections?

What is your greatest hope about Impact Ndola?

What is your greatest fear about Impact Ndola?

If you have already completed Week 5, share your prayer with your team.

Is there anything else you want to discuss with the group about your interaction with the preparation materials so far?